

Welcome to Membership at The Center for Active Living



Where 50+ gather, learn & thrive

We're so glad you're here!

The Center's Board of Directors and staff team want to welcome you to our community. We are here to serve you, so please let us know if we can help you.

All about The Center for Active Living



Everyone is welcome at The Center for Active Living. We are a vibrant social gathering place for our community where people can find friendship, healthy activities and meaningful engagement as they age. We support the physical, mental and emotional health of our community's residents through a wide range of fun activities, programs and events. The Center is also a gateway to services that many of us need as we get older including meals, counseling and referrals to other critical social services.

Our location

The Center's two-story building is conveniently located in the heart of the West Seattle Junction at 4217 SW Oregon St. and is accessible by foot, bike, bus and car. The Center's entrance is on SW Oregon St., a short walk from the corner of California Ave. SW and SW Oregon St.

Important contact information

Address: 4217 SW Oregon St., Seattle WA 98116

Phone: 206-932-4044 | Fax: 206-932-4077

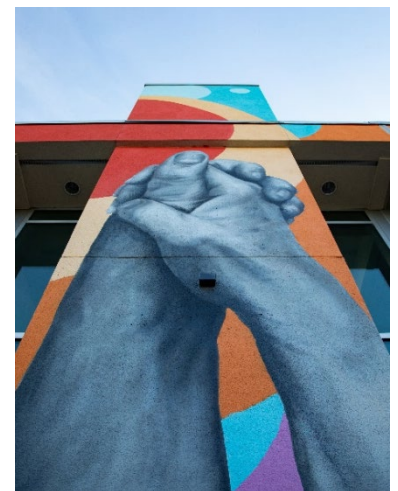
Website: wscenter.org | Email: info@wscenter.org

The Center Thrift Store address: 4505 California Ave. SW

Phone: 206-932-4044 / ext. 107

Hours

The Center	Mon - Fri	8:30 a.m. - 4:30 p.m.
	Wed	8:30 a.m. - 6 p.m.
Margie's Café	Mon - Fri	9 a.m. - 1:30 p.m.
	Wed	4 - 6 p.m.
Community Dining	Mon - Thurs	11:45 a.m. - 12:30 p.m.
Thrift Store	Mon, Tues, Thurs, Fri	10 a.m. - 4 p.m.
	Wed, Sat, Sun	10 a.m. - 7 p.m.



Executive Director: Amy Lee Derenthal

The Center for Active Living is a nonprofit 501(c)3. Our tax ID number is #23-7155008.

Membership at The Center

The Center for Active Living has more than 1,400 members. Membership is open to all ages. Stop by the front desk to receive your electronic keycard that signs you into our daily activities. We also invite you to take a tour of The Center.

Membership renewal:

Your annual renewal date is based on the month you joined. You will be notified in advance of your anniversary asking you to renew your membership promptly. We depend on membership fees to fund our programs and services.

Membership fees:

Individual membership:

\$99 = Annual membership

\$999 = Lifetime membership

Household membership (two people):

\$149 = Annual membership

\$1,499 = Lifetime membership

How to renew and pay your fee each year:

- Online at wscenter.org/membership
- Mail us your check: 4217 SW Oregon St, Seattle, WA 98116
- Call 206-932-4044 / ext. 1 or stop by The Center



Membership Benefits

As a member of The Center for Active Living you will receive many fantastic benefits:

- No fees for members on most classes and activities (except specialty services like Foot Care and Dental Hygiene and special events)
- 50% discount on the first Friday of the month at our Thrift Store
- Subscription to our bi-monthly newsletter mailed to your home that includes news, menus, calendars, upcoming events and more
- Free birthday luncheon celebration the month of your birthday

Our program areas

The Center offers a broad range of programs, activities and services to meet the needs of a diverse and growing West Seattle community. We also welcome volunteers to contribute their time in all our programs.

- ***Connection to the Community:***

The Center is a community gathering place for people 50+ of all backgrounds and abilities where everyone is welcome. We offer a place to meet friends, enjoy a healthy meal, take a class and engage in a vibrant social network.



- **Health and Wellness:**

The Center supports our community's physical, emotional and mental health. From fitness classes and foot care clinics to emotional support groups and dance classes, we provide a holistic approach to keeping yourself healthy as you age.

- **Lifelong Learning and Growth:**

At The Center you can expand your interests, launch a new hobby and learn something new every day. Our members, participants and volunteers have a wealth of knowledge and talents, and we provide opportunities to both share and learn. You can practice a foreign language, learn to paint, find fellow hobbyists, share your love of cinema, write a memoir, hone your computer skills and much, much more.

- **Accessible Services:**

The Center is an important gateway to services that many of us need as we age. We provide meals, counseling and referrals to services like transportation and public benefit services. Our professional staff social workers ensure our community's most vulnerable seniors are safe, healthy and connected.



You will find specific upcoming activities, classes and programs in our bi-monthly mailed newsletter, our monthly e-newsletter and on our website at wscenter.org. To learn more about our programs or to ask questions, please contact our front desk at 206-932.4044 / ext. 1.

In the event of inclement weather, The Center follows the Seattle Public Schools late starts and closures schedule. This information is available at seattleschools.org and on local TV and radio news channels.

Stay connected

In addition to receiving our mailed newsletter, there are many ways you can stay connected to the events and activities at The Center.

Website: wscenter.org

On The Center's website, you can:

- Find the latest list of classes and activities
- Purchase special event tickets
- Access a copy of the mailed newsletter
- Renew your membership and pay your annual membership fee using our online form
- Find resources for food, transportation, counseling and other services
- Make a secure online donation
- Leaving a legacy gift to The Center in your will or estate plan
- Find volunteer opportunities
- Get the latest news on our blog

Social media:

The Center's Facebook page features upcoming events, articles, news and community activities in West Seattle. "Like" our page so you can receive these updates: [facebook.com/ TheCenterForActiveLiving](https://facebook.com/TheCenterForActiveLiving)



You can also "follow" us on Instagram to see photos of our programs and events: instagram.com/TheCenterForActiveLiving

**Email newsletter:**

Sign up for our monthly email newsletter on our website at wscenter.org/blog. We also send out occasional updates on events and opportunities to support The Center. You can unsubscribe at any time. We do not share or sell your email address.

Volunteer opportunities

More than 100 volunteers support The Center to make our activities, events and meals programs possible.

We have a wide variety of opportunities available, such as kitchen assistant, café server, outreach program visitor, computer room assistant, Thrift Store cashier and much more. You can also volunteer to teach a class or lead an activity.

Learn more about volunteering on our website: wscenter.org/volunteer



Have lunch or coffee at The Center

The Center offers two delicious lunch options during the week. Both are open to the public for all ages, so feel free to bring a friend in for lunch or a cup of Caffè Ladro coffee. Find menus on our website at wscenter.org.



In Margie's Café, you'll find a menu of delicious, freshly prepared breakfast items, sandwiches, salads, quiches and soups.

Margie's Café is open Monday through Friday from 9 a.m. - 1:30 p.m. and Wednesdays from 4 - 6 p.m. Prices are à la carte.



In Community Dining, we serve a hot meal in a communal setting prepared from scratch by Chef Francisco. Our menu changes every day and is designed to be culturally varied and nutritious.

Community Dining is open Monday through Thursday from 11:45 a.m. - 12:30 p.m.

Cost: \$5 ages 60+ suggested; \$10 under 60 required

**The
Center**
Community Dining



Thrift Store

The Center operates a fantastic thrift shop in the West Seattle Junction at 4504 California Ave. SW (around the corner from The Center's main entrance). All proceeds from the store go toward our operations. You can donate your gently used treasures or shop for a new one. We also welcome volunteers.

The Center Thrift Store's hours:

Mon, Tues, Thurs, Fri	10 a.m. - 4 p.m.
Wed, Sat, Sun	10 a.m. - 7 p.m.



On the first Friday of every month, members receive a 50% discount on most items in the store. Please show your Center electronic key card to the cashier.

Our policies

Everyone is welcome | Our commitment to equity:

Our goal is to be a safe place where everyone feels welcome. The Center does not discriminate or tolerate discrimination of any kind due to race, religion, gender identity, age, disability, sexual orientation, language, class or socio-economic status. We acknowledge that systemic racism exists, and we are committed to taking a stand against racism and intolerance.

Policy against promoting businesses and services:

The Center for Active Living does not endorse products or service providers, nor do we assume any responsibility for the quality of any products. Our aim is to protect seniors from undue coercion. The Center is not a marketplace. We neither approve nor condone solicitation of business within our facilities. Programs are offered for member enjoyment, entertainment and/or information only. Please report any violation to the Executive Director.

Photo and video disclaimer:

The Center for Active Living reserves the right to use any photograph/video taken at any event or class at or sponsored by The Center, without the expressed written permission of those included within the photograph or video. The Center may use the photograph/video in publications or other media material produced, used or contracted by The Center including but not limited to brochures, invitations, books, newspapers, magazines, television, website, social media, etc. To ensure the privacy of individuals and children, images will not be identified using full names or personal identifying information without written approval from the photographed subject, parent or legal guardian. A person attending a Center event who does not wish to have their image recorded for distribution should make their wishes known to the photographer and Center staff. By participating in a Center event, you are agreeing to release, defend, hold harmless and indemnify The Center from any and all claims involving the use of your picture or likeness. Any person or organization not affiliated with The Center may not use, copy, alter or modify The Center photographs, graphics, videography or other similar reproductions or recordings without the advance written permission of an authorized designee from The Center. Thank you for your understanding and cooperation.